Justice, Equity, Diversity, & Inclusion (JEDI) Book/Media List

Please feel free to keep populating this list and adding monthly themes. If your information comes from other groups, please thank them in the acknowledgment section!

General Recommendations

Diverse-Owned Bookstores

Books

February: Black History

Books

Articles

Youtube Videos

Documentaries

Movies

Podcasts

March: Women's History

Books

Articles

Youtube Videos

Documentaries

Movies

Podcasts

April: Hope

Books

Articles

Youtube Videos

Movies/TV Shows

Documentaries

May: Asian American and Native Hawaiian/Pacific Islander Heritage

Books

Documentaries

Articles

Movies/TV Shows

YouTube Videos

Podcasts

Please consider shopping at a Diverse-owned bookstore!
Please consider shopping at a Diverse-owned bookstore!

June: LGBTQIA+ PRIDE Month
  Books
  Articles
  Movies/TV Shows/Videos
  Documentaries
  Podcasts

July: Work-Life Balance
  Books
  Articles
  TED Talk/YouTube Videos
  Documentaries
  Movies/TV Shows
  Podcasts

August: Family Fun + Back to School
  Books
  Articles
  TED Talk
  Documentaries
  Movies/TV Shows
  Podcasts

September: Hispanic Heritage Month
  Books
  Articles
  TED Talk
  Documentaries
  Movies/TV Shows
  Podcasts

October: National Disability Employment Awareness Month
  Books
  Articles
  TED Talk
  Documentaries
  Movies/TV Shows
  Podcasts
Please consider shopping at a Diverse-owned bookstore!

November: Native American Heritage Month
Books
Articles
TED Talk
Documentaries
Movies/TV Shows
Podcasts

December: National/Universal Human Rights Month
Books
Articles
TED Talk
Documentaries
Movies/TV Shows
Podcasts

Acknowledgment
Please consider shopping at a Diverse-owned bookstore!

**General Recommendations**

**Diverse-Owned Bookstores**

[Online:](#)

- [Femme Fire Books](#)
- [The Lev (on hiatus)](#)
- [Narrated objects](#)
- [Tahanan Books (shipping from Seattle, WA)](#)
- [Beauty & Brains Books](#)
- [Jambo Books](#)
- [MiJa Books](#)
- [My Reading Room Bookstore](#)
- [Reading Revolutionaries](#)
- [Tuma’s Books and Things](#)
- [Goodminds](#)
- [Hyphen Reads Books](#)
- [Massy Books](#)
- [Raven Reads](#)
- [Strong Nations](#)
- [MiJa Books](#)
- [Red Rice and Beans Diaspora Bookstore](#)
- [OurShelves](#)
- [River Dog Book Co.](#)
- [River Dog Book Co.](#)
- [Tuma’s Books and Things](#)
- [Bookshop](#)

**Colorado:**

- [MATTER](#)
- [Townie Books](#)

**Books**

1. [So you want to Talk about Race by Ijeoma Oluo](#)
2. [The Inner Work of Racial Justice: Healing Ourselves and Transforming Our Communities Through Mindfulness by Rhonda V. Magee](#)
3. [Between the World and Me by Ta-Nehisi Coates](#)
Please consider shopping at a Diverse-owned bookstore!

4. **White Fragility: Why It’s So Hard for White People to Talk About Racism** by Robin DiAngelo

5. **Fix Your Climate: A Practical Guide to Reducing Microaggressions, Microbullying, and Bullying in the Academic Workplace** by Dr. Myron Anderson and Dr. Kathryn Young

6. **Everyday Bias** by Rowman & Littlefield

7. **Building a House for Diversity** by Thomas

8. **The Wisdom of Crowds** by James Surowiecki

9. **Blindspot** by Mahzarin Banaji and Anthony Greenwald

10. **What If? Short Stories to Spark Diversity Dialogue** by Robbins

11. **The Diversity Training Activity Book** by Lambert and Myers

12. **Race and Reunion: The Civil War in American Memory** by David W. Blight
February: Black History

Books
1. The Souls of Black Folk by W.E.B. DuBois
2. The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
4. Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong By James W. Loewen
7. The Punishment Imperative: The Rise and Failure of Mass Incarceration in America by Todd R. Clear
9. Capitalism and Slavery by Eric Williams
10. When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America
11. The Racial Contract by Charles W. Mills
13. Caste: The Origins of Our Discontents by Isabel Wilkerson
15. The Princeton Fugitive Slave: The Trials of James Collins Johnson by Lolita Buckner Inniss

Articles
1. The Global Context of the Civil Rights Movement

Youtube Videos
1. James Baldwin Debates William F. Buckley (1965)
2. Oppression and Repression in the U.S. by Angela Davis [1972] (1/4)
3. Angela Davis. Revolution Today
4. Malcolm X - Interview At Berkeley (1963)

Documentaries
1. Trial 4 - Netflix
2. Africa's Great Civilizations - Amazon Prime
3. The African Americans: Many Rivers to Cross - Amazon Prime
4. Death Of A Black Panther: Fred Hampton - Amazon Prime
Please consider shopping at a Diverse-owned bookstore!

5. **The Black Panthers: Vanguard of the Revolution** - Amazon Prime
6. **Freedom Archives: Cointelpro 101** - Amazon Prime
7. **FBI's War on Black America** - Amazon prime
8. **The Uncomfortable Truth** - Amazon Prime
9. **13th** - Netflix
10. **When they See Us** - Netflix
11. **Free Meek** - Amazon Prime
12. **Who Killed Malcolm X?** - Netflix
13. **Freeway: Crack in the System** - Amazon Prime
14. **Amend: The Fight for America** - Netflix

**Movies**

1. **Hidden Figures**

**Podcasts**

2. **Justice in America**
3. **NPR Throughline**
4. **NPR Code Switch**
5. **Pod Save The People**
6. **Resistance**
7. **Intersectionality Matters!**
8. **Truth Be Told**
March: Women’s History

Books
1. Becoming by Michelle Obama
2. My Own Words By Ruth Bader Ginsburg
3. The Immortal Life of Henrietta Lacks by Rebecca Skloot
4. She Takes a Stand: 16 Fearless Activists Who Have Changed the World (Women of Action)
5. Black Girl, Call Home By Jasmine Mans
7. Daughters of the Dust by Julie Dash

Articles
1. The Radical Reason Why March 8 Is International Women's Day
2. Women Scientists Were Written Out of History, It's Margaret Rossiter's Lifelong Mission to Fix That
3. Twelve Women to Know This Black History Month
4. Stop Telling Women They Have Imposter Syndrome by Ruchika Tulshyan and Jodi-Ann Burey
5. Kim Ji-young, Born 1982: Feminist film reignites tensions in South Korea
   a. Movie Trailer

Youtube Videos
1. The history behind Women’s History Month
2. How History Erases Women
3. DEAR FLOTUS- a Poem by Jasmine Mans
4. Own Your Body's Data - Dr. Talithia Williams

Documentaries
1. The United States vs. Billie Holiday - on Hulu
2. Bad Reputation- on Hulu
3. Iron Jawed Angels - on Hulu
4. What Happened, Miss Simone?

Movies
1. 40 Essential Feminist Movies You Need to See
2. On the Basis of Sex
3. Hidden Figures
Please consider shopping at a Diverse-owned bookstore!

Podcasts
1. ESSENCE's Yes, Girl! Podcast
2. Stuff You Missed in History Class
3. The Bechdel Cast
4. Intersectionality Matters!
5. Truth Be Told
April: Hope

Books
1. Good Vibes, Good Life: How Self-Love Is the Key to Unlocking Your Greatness
2. The Hill We Climb: An Inaugural Poem for the Country
3. The Hill We Climb and Other Poems Hardcover – September 21, 2021
4. A Promised Land
6. Peace From Broken Pieces: How to Get Through What You're Going Through
7. In the Meantime
8. The Heart Of A Comet

Articles
1. The Rise and Rise of Amanda Gorman
2. See striking moment Harris and Pelosi make history

Youtube Videos
1. DEAR FLOTUS- a Poem by Jasmine Mans
2. The Hill We Climb by Amanda Gorman
3. Ebony Stewart - "Mental health Barz"
4. Rudy Francisco - "Complainers"

Movies/TV Shows
1. The Upside - Amazon Prime
2. The Blindside - Hulu, HBO Max, Amazon Prime
3. A Different World -Amazon Prime
4. Joyful Noise - Amazon Prime
5. Zootopia (Theatrical) - Amazon Prime

Documentaries
1. Won’t You Be My Neighbor - documentary on Mr. Rogers HBO
2. My Octopus Teacher - Netflix
3. Headspace Guide to Meditation - Netflix
May: Asian American and Native Hawaiian/Pacific Islander Heritage

Books
1. Minor Feelings: An Asian American Reckoning by Cathy Park Hong
2. Interpreter of Maladies by Jhumpa Lahiri
3. Asian American History: A Very Short Introduction by Madeline Y. Hsu
4. The Making of Asian America by Erika Lee
5. Chains of Babylon: The Rise of Asian America by Daryl Joji Maeda
6. The Paper Menagerie and Other Stories by Ken Liu
7. Cook Real Hawai‘i: A Cookbook by Sheldon Simeon
8. The Properties of Perpetual Light by Julian Aguon
10. Two Faces of Exclusion: The Untold History of Anti-Asian Racism in the United States by Lon Kurashige
11. Chinatown Pretty: Fashion and Wisdom from Chinatown's Most Stylish Seniors by Andria Lo
12. Oceania: An Introduction to the Cultures and Identities of Pacific Islanders
13. Our Voices, Our Histories: Asian American and Pacific ... - Amazon.com
14. Cultural Considerations in Asian and Pacific Islander ... - Amazon.com

Documentaries
1. Asian Americans - PBS
2. The Chinese Exclusion Act - PBS
3. Amy Tan: Unintended Memoir - Documentary on Netflix
4. "Taualuga" (Documentary) - YouTube

Articles
1. AAPI-Owned Bookstores to Support
2. Celebrating Asian American and Pacific Islander Heritage Month
3. Who is Making Asian American Pacific Islander History in 2021: The ... 
4. AAPI People Have Been Through So Much This Year—I Want to Shout-Out the AAPI Women Getting Us Through It
5. Understanding Asian American And Pacific Islander Heritage Month
6. 10 DC-Area Asian Americans Discuss Why Celebrating AAPI Heritage Month This Year Is So Important
Please consider shopping at a Diverse-owned bookstore!

Movies/TV Shows
1. Minari - Movie on Youtube
2. Finding ‘Ohana - Netflix
3. Patriot Act with Hasan Minhaj - Netflix

YouTube Videos
1. Asian Americans | Episode 1 | Breaking Ground | PBS - YouTube video
2. What Pacific Islanders Want You To Know - YouTube video

Podcasts
1. Native Stories
2. Saving a Language You’re Learning to Speak
3. Screams and Silence
4. Why Are We Here?
5. Duke Kahanamoku
6. Chae Chan Ping v. United States
Please consider shopping at a Diverse-owned bookstore!

**June: LGBTQIA+ PRIDE Month**

**Books**

1. *The Book of Pride: LGBTQ Heroes Who Changed the World* by Mason Funk
2. *Pride: The Story of the LGBTQ Equality Movement* by Matthew Todd
3. *The Stonewall Reader* by New York Public Library
5. *Queer: A Graphic History*
6. *A Queer History of the United States*
7. *The Queens' English: The LGBTQIA+ Dictionary of Lingo and Colloquial Phrases* by Chloe O. Davis
8. *Finna*
9. *Untamed*
10. *Call Me by Your Name: A Novel* by André Aciman
12. *You Should See Me in a Crown* by Leah Johnson (YA)
13. *Last Week Tonight with John Oliver Presents A Day in the Life of Marlon Bundo (Better Bundo Book, LGBT Children’s Book)*

**Articles**

1. *Statement by President Joseph R. Biden, Jr. on International Day Against Homophobia, Transphobia and Biphobia*
2. *FACT SHEET: The Biden-Harris Administration Is Advancing LGBTQI+ Human Rights at Home and Across the Globe*
3. *NOAA’S LGBTQ+ Employee Resource Group (ERG): NOAA PRIDE Fact Sheet*
   a. *NOAA Pride Homepage*
4. *12 LGBTQ Podcasts You Should Be Listening To*
5. *20 LGBTQ Movies Everyone Should Watch At Least Once*

**Movies/TV Shows/Videos**

1. *Pose*
2. *Summerland*
3. *The Half of It* - Netflix
4. *Call me by your name* - available on Hulu
5. *Brokeback Mountain*
6. *Queer Eye* - Netflix
Please consider shopping at a Diverse-owned bookstore!

7. Moonlight - available on Hulu, Amazon Prime
8. Love, Simon - available on Hulu
9. The importance of using inclusive languages - TED Talk
10. Three ways to be a better ally in workplace - TED Talk
11. This is what LGBT life is like around the world - TED Talk
12. The danger of hiding who you are - TED Talk
13. Why kids need to learn about gender and sexuality - TED Talk

Documentaries
1. Paris is Burning
2. A Secret Love - Netflix
3. Southern Comfort - YouTube
4. Disclosure - Netflix
5. Transformer - Netflix
6. We were here

Podcasts
1. Queer as Fact
2. NPR Consider This - How Anti-Trans Bills Evoke the Culture Wars of the 90s
3. 99% Invisible Where Do We Go From Here?
4. Roxane Gays talks about soulmates
5. A side of Sylvia Rivera
6. The Trans Howard Huges
July: Work-Life Balance

Books
1. Rising Strong - Brené Brown
2. Couples that Work - Jennifer Petriglieri
4. Off Balance - Matthew Kelly
5. Make Time: How to Focus on What Matters Every Day - Jake Knapp & John Zeratsky
6. The Balance Point: Master the Work-Life Balance, Love What You do, and Become an Unstoppable Entrepreneur - Jordan Ring
7. Principles - Ray Dalio
8. Puppy Mind - Andrew Jordan Nance, (illustrated by Jim Durk)

Articles
1. Work-Life Balance Resources Folder
2. 6 Tips for Better Work-Life Balance
3. Work-Life Balance is a Cycle, Not an Achievement
4. Extreme Jobs: The Dangerous Allure of the 70-Hour Workweek
5. Iceland tested a 4-day workweek. Employees were productive - and happier, researchers say
6. 19 Podcasts to Listen to for Productivity, Work-Life Balance, and the Pursuit of Happiness
7. Cool Off at D.C.’s 15 Essential Ice Cream Shops
8. The 10 Berry Best Pick-Your-Own-Strawberry Farms Near DC
9. 6 pretty places to have a picnic around the D.C. area
10. Mindful NOAA
11. The 21 Best Meditation Podcasts to Listen to Right Now
12. The Beginner’s Guide to Being Present

TED Talk/YouTube Videos
1. What makes a good life? Lessons from the longest study on happiness
2. The Happiness Advantage: Linking Positive Brains to Performance
3. How to Gain Control of Your Free Time
4. How to stop screwing yourself over
5. The Power of Vulnerability
6. How to Tame your Wandering Mind
7. The brain-changing benefits of exercise
8. A simple way to break a bad habit
9. Alo Yoga

Documentaries
1. Happy (2011) - Available on Amazon Prime
2. The Happy Film (2016) - Available on YouTube, Amazon Prime, Apple TV
3. I am (2010) - Available on Amazon Prime, YouTube, Apple TV

Movies/TV Shows
1. Office Space - Available on Amazon Prime and Hulu
2. The Intern
3. Up in the Air - Available on Amazon Prime, HBO Max, Hulu
4. Inside Out
5. Soul

Podcasts
1. The 5 AM Miracle
   a. 5 Ways to Conquer Procrastination
   b. The Fascinating Power of Anchor Habits
2. Why Doing Less is the Best Way to Do More
3. The Mindful Minute
4. I Should Be Meditating
5. 10 Percent Happier
6. Peace Out - meditation for kids
7. Be Calm on Ahway Island Bedtime Stories
8. Leveraging Systems to Steal Back Your Time and Regain Freedom in your Biz
9. Beyond the to-do list
10. WorkLife with Adam Grant: A TED original podcast
August: Family Fun + Back to School

Books
1. Family Fun Crafts: 500 creative activities for you and your kids
2. The Lion, The Witch, and The Wardrobe by C.S. Lewis
3. Last in a Long Line Rebels - Lisa Lewis Tyre
4. Coloring Book to Help Kids Cope with COVID-19
5. But It’s Your Family…: Cutting Ties with Toxic Family Members and Loving Yourself in the Aftermath by Dr. Sherrie Campbell

Articles
1. Fun Fruit-Picking Spots Around D.C.
2. Where to Pick Your Own Peaches Near Northern Virginia
3. Making the most of family time during the COVID-19 lockdown: Why routine, relationships and play matter so much | HSC Public Health Agency
4. Top 15 Family Therapy Podcasts
5. Top 35 Parenting Podcasts
6. How to get ready for school
7. COVID-19 Parental Resources Kit
8. Know What to Expect at Your Child’s K- 12 School or Child Care Program

Documentaries
1. Won’t You Be My Neighbor
2. Unlocking the Cage
3. Jiro Dreams of Sushi
4. Knock Down the House
5. Cutie and the Boxer
6. The Bad Kids

Movies/Tv Shows
1. Fatherhood - available on Netflix
2. THE GREATEST SHOWMAN - available on YouTube
3. Homeward Bound: The Incredible Journey - free on Disney Plus
4. Marley and Me - available on YouTube
Please consider shopping at a Diverse-owned bookstore!

5. **Hachi: A Dog’s Tale** - available on Netflix
6. **Toy Story** - available on Disney+
7. **Nanny McPhee** - rentable on YouTube and Amazon Prime
8. **The Best Exotic Marigold Hotel** - available on Hulu
9. **Dangal** - available on Netflix

**Ted talks/YouTube Videos**

1. **The Difference Between Healthy and Unhealthy Love**
2. **How to end stress, unhappiness, and anxiety to live in a beautiful state**
3. **How to love and be loved**
4. **How to deal with difficult people**
5. **How to be happy every day: It will change the world**

**Podcasts**

1. **Healthy Self Podcast**
2. **Boudaries.me Podcast**
3. **It’s not normal. It’s toxic - rid your life of toxic people**
4. **Little Sprigs Podcast** - Age 0-5
5. **Authentic Parenting** - Age 6-11
6. **Mindful Parenting in a Messy World** - Age 6-11
7. **Parenting Today’s Teens** - Age 12+
September: Hispanic Heritage Month

Books

1. Like water for Chocolate by Laura Esquivel
2. Too Many Tamales by Gary Soto
3. Once I Was You by Maria Hinojosa
4. Mexican Gothic by Silvia Moreno-Garcia
5. Sanctuary by Paolo Mendoza and Abby Sher
7. A Long Petal of the Sea by Isabel Allende
8. The Grief Keeper by Alexandra Villasante
9. Undocumented by Dan-el Padilla Peralta
10. Each of Us a Desert by Mark Oshiro
11. Frida Kahlo: The artist who painted herself by Margaret Frith (Children’s book)
12. An African American and Latinx History of the United States

Articles

1. Hispanic Heritage Month Resources
2. A Month of Ideas for Celebrating Hispanic Heritage
3. 10 great TED Talks by Hispanic and Latinx speakers for Hispanic Heritage Month
4. Listen Up: 10 Podcasts That Celebrate and Explore Latino Culture
5. Join NPR's Hispanic Heritage Month Celebration
6. Books to Read for Latinx Heritage Month
7. Honor Hispanic Heritage Month With Eight Unique Documentaries
8. The Latinx Culture Guide: 20 TV Shows, Documentaries, Movies, TED Talks, and Books to Add to Your List

Documentaries

1. Rosalia Chay Chuc (Netflix’s Chef’s Table: BBQ episode 4)
2. Break It All: The History of Rock in Latin America (Netflix)
3. Latino Vote: Dispatches from the Battleground (2020)
4. Harvest of Empire (2012)
5. The Latino List (2011)
6. Mucho Mucho Amor: The Legend of Walter Mercado (Netflix)
Please consider shopping at a Diverse-owned bookstore!

7. **Knock Down the House** (Netflix)

**Movies/Tv Shows**

1. **Like Water for Chocolate**
2. **Coco**
3. **I Like it Like That**
4. **Gentefied** (Netflix series)
5. **Ma Ma** (Hulu)

**Ted talks/YouTube Videos**

1. **José Andrés**: How a team of chefs fed Puerto Rico after Hurricane Maria
2. **Íngrid Betancourt**: What six years in captivity taught me about fear and faith
3. **America Ferrera**: My identity is a superpower—not an obstacle
4. **Johanna Figueira**: Simple, effective tech to connect communities in crisis
5. **Elizabeth Camarillo Gutierrez**: What’s missing from the American immigrant narrative
6. **Jorge Ramos**: Why journalists have an obligation to challenge power
7. **Gabby Rivera**: The story of Marvel’s first queer Latina superhero
8. **Planeta G by Greenpeace USA**

**Podcasts**

1. **An Indigenous Mixtape from Lima, Peru - Far Flung with Saleem Reshamwala**
2. **Tamarindo**
3. **Bitter Brown Femmes**
4. **The Latin American History Podcast**
5. **Radio Ambulante** (in Spanish)
6. **Duolingo Spanish** - fascinating stories in easy-to-understand Spanish
October: National Disability Employment Awareness Month

Books

Articles

TED Talk

Documentaries

Movies/TV Shows

Podcasts
November: Native American Heritage Month

Books

Articles

TED Talk

Documentaries

Movies/TV Shows

Podcasts
Please consider shopping at a Diverse-owned bookstore!

December: National/Universal Human Rights Month

Books

Articles

TED Talk

Documentaries

Movies/TV Shows

Podcasts
Please consider shopping at a Diverse-owned bookstore!

**Acknowledgment**

Special thanks to the Climate Program Office DEI group for sharing their lists with us.
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